a new leaf
NATUROPATHIC
CLINIC

healthcare for the whole family

Basal Body Temperature Chart

Name: _____ Date: _____

°C	°F
37.3	99.1
37.2	99.0
37.1	98.8
37.0	98.6
36.9	98.4
36.8	98.2
36.7	98.0
36.6	97.8
36.5	
36.4	97.6
36.3	97.4
36.2	97.2
36.1	97.0
36.0	96.8
35.9	
35.8	96.6
35.7	96.4
35.6	96.2
35.5	96.0
35.4	95.8