

South Western Pasta

This is a great sugar-free pasta sauce that you can make quickly at home. Serve over rice pasta—delicious!

¼ cup dry sherry
1 tsp. olive oil
1 Tbsp. minced garlic
¼ cup minced shallots
¼ sundried tomatoes, drain oil and chop
2 Tbsp. pickled chopped jalepeno peppers
1 large can diced tomatoes

1. At medium heat, heat sherry and oil until bubbling.
2. Add garlic and shallots.
3. Cook stirring for 3 minutes.
4. Add sundried tomatoes, jalepeno peppers, and tomatoes.
5. Cook for 15-20 minutes.
6. Serve over pasta and garnish with parsley and basil.